



**Pinelands Meets the Bay Route  
INSTRUCTIONS & NOTES  
October 1, 2022**

Dear Tour de Pines Participant,

Thank you for participating in the in the 2022 Pinelands Meets the Bay Ride presented by the [Pinelands Preservation Alliance](#). This document includes information and details to help make your ride safe and enjoyable. Please read it carefully.

Founded in 1989, the [Pinelands Preservation Alliance](#) (PPA) is a private, nonprofit organization dedicated to saving the Pinelands of New Jersey. We protect the land, water, plants, wildlife, and historic resources of New Jersey's Pinelands National Reserve. The PPA engages thousands of people each year in actions to protect the wildest place in New Jersey.

**COVID-19**

Please review our [COVID Protocols](#). Fully Vaccinated Individuals are not required to wear masks at the Start/Finish, or while on the bike, but 3<sup>rd</sup> parties (such as stores & restaurants on-course) may have their own mask wearing policies. Therefore, we recommend that you carry a mask in a resealable plastic bag with you at all times.

Exercise social distancing whenever possible. Riding or gathering in close proximity to participants other than those in your household is done at your own risk. Please follow the applicable guidelines of [World Health Organization](#), the [Centers for Disease Control](#), and State/Local Health Departments.

**PRIOR TO THE RIDE:**

DRESS APROPRIATELY. Be prepared for everything, including potential rain

FILL YOUR BOTTLES. Fill your bottles at home, and save time by being prepared to ride. We will not have supplies at the start. There aren't any official aid stations on the course, so please have sufficient food and liquids with you to make it to the stores on course

CHECK YOUR BIKE. Please make sure your bike is in working order, that you have your own spare tubes, pump, and tools.

ARRIVAL TIME. You must arrive no later than 8:15 in order to ensure you have time to pick up your package and are ready for the 9:00 ride start. We encourage you to arrive earlier; see below for package pickup times.

PARKING. Free parking is available within:

[Bass River State Forest](#)

762 Stage Rd  
Tuckerton, NJ 08087

We will be parking in the Lake Absegami Day Use Area. Please follow the Tour de Pines Parking signs and the directions of the parking crew.

RESTROOMS. Restrooms and Portaloets are available on-site

PACKET PICK-UP. Each registrant must check-in in-person on the morning of the ride between 7:45 – 8:45AM. Package pickup will take place in the parking area near the construction next to Lake Absegami.

If you electronically signed a waiver during registration on BikeReg, you don't need to sign a physical waiver. If you didn't, you will need to sign paper waivers. If you registered by 8/28/22 you will receive a complimentary Tour de Pines Beanie at your first ride of the tour. All beanies must be picked up in person.

MERCHANDISE. If you pre-ordered a T-Shirt or a "Forest" Jersey, we have it packaged and ready for you. You can pick it up either pre-or post-ride. If you ordered a Tour de Pines "Tree" Jersey, it will be mailed to you approximately 6 weeks after the event (they are a special-order item).

We will have a limited number of items for sale On-Site, preferred payment is by cash, but we can accept checks, PayPal, and credit cards (if we have sufficient cell or WiFi service to process them). preferred payment is by cash, but we can accept checks, PayPal, and credit cards.

RIDER NUMBERS. Affix the handlebar number to the front of your handlebars with the included twist ties. Please place the dashboard number on your vehicle's dashboard, so that it is clearly visible from the outside. If there are multiple riders in a vehicle, please place all of the numbers on the dashboard, so they are each visible.

## **RIDING THE EVENT:**

REMINDER. This is a RIDE and NOT A RACE. The roads are completely open to traffic. Ride in a manner that is safe for yourself, obeys traffic rules, and is courteous to your fellow riders and other road users.

START LOCATION. In the parking lot by Lake Absegami.

COURSES. We have 3 Official Courses. See below for links to the maps and files.

START TIME. All rides start at 9:00 sharp. Riders should stage earlier for the pre-ride announcements.

AID STATIONS. There aren't any.

STORES ON COURSE. There are some stores/restaurants indicated on the official cue sheets and in the GPS Files. Please note that due to the early ride start, some of the stores & restaurants may not be open when you reach their locations. Stuff your pockets and don't pass up opportunities to resupply!

MECHANICAL SUPPORT. Prior to the ride, [Village Bicycles](#) of Tuckerton, NJ will be on-site should you need mechanical assistance.

SAG SUPPORT. There is a standby SAG, in case you have a mishap, and can't complete the ride. Please call or text the event hotline at 267-894-0840 or 267-357-5747. Please be advised that cell service can be spotty in the Pinelands, both on the courses and at the start/finish venues.

RULES OF THE ROAD. Please remember that you are on open roads during the entire ride. All cyclists must obey all traffic laws; this includes – but is not limited to – traffic lights and stop signs. Violators may be ticketed by local law enforcement and/or disqualified and removed from the event. All riders are personally responsible for knowing New Jersey's traffic laws. NJDOT guidelines suggest cyclists ride single file.

IN CASE OF EMERGENCY. If you have-or witness—a serious crash or medical emergency, immediately call 911, and then call the event hotlines at 267-894-0840 or 267-357-5747. Secure the area to the best of your ability, but do not put yourself or others in danger while you wait for emergency personnel.

FINISH TIME. The course officially closes at 3:00PM; all riders must finish by this time.

## **NAVIGATION:**

ROUTE MARKING. There is none! You must use the provided GPS Data & Official Cue Sheets! Please note that pot holes and other road defects will not be marked.

KEY COURSE POINTS: Please see the cue sheets for course notes.

CUE SHEETS. The Official Cue Sheet is posted to the [Pinelands Meets the Bay Download Page](#). Use the official cue sheet. The Cue Sheets have relevant Course Notes

ROUTE MAPS & GPS Data. Maps of the courses and GPS data may be obtained from the following links

Short Course	22 Miles	<a href="https://ridewithgps.com/routes/40549098">https://ridewithgps.com/routes/40549098</a>
Medium Course	37 Miles	<a href="https://ridewithgps.com/routes/40926451">https://ridewithgps.com/routes/40926451</a>
Long Course	49 Miles	<a href="https://ridewithgps.com/routes/40926445">https://ridewithgps.com/routes/40926445</a>

Note that the Medium & Long Course are exactly the same for 36.5 miles. Essentially, they are a loop; Mile 36.5 is at the entrance to Bass River State Forest. The Medium Course ends here, while the long course passes the entrance and goes out for an additional 12 mile loop.

TCX & FIT files with turn warnings are posted to the [Pinelands Meets the Bay Download Page](#). GPX & KML Files may be obtained from Ride With GPS (links above).

FREE GPS SMART PHONE NAVIGATION. With our enhanced Ride With GPS Membership, you can use the their [Smart Phone App for Free](#) for these courses. Download the Ride With GPS App to your Smart Phone (iPhone or Android) from: <https://ridewithgps.com/app> It is also available directly from the [App Store](#) & [Google Play](#)

Your invitation for the event map/navigation is:

[https://ridewithgps.com/auto\\_approve/Event/188747/Ywc54xmVd68EdeLT](https://ridewithgps.com/auto_approve/Event/188747/Ywc54xmVd68EdeLT)

Please see the tutorial video on how to use Ride With GPS App here:

<https://ridewithgps.com/help/event-participants/>

You must download the files in advance of the ride (at home or office) and set your phone to airplane mode to conserve your battery. For other Tips please see:

- Recording your first ride: <https://ridewithgps.com/help/record-your-first-ride>
- Battery saving tips: <https://ridewithgps.com/help/battery-saving-tips>
- Voice navigation: <https://ridewithgps.com/help/voice-navigation>
- Exporting route files to a Garmin: <https://ridewithgps.com/help/export-routes-to-garmin-device>
- Event participants: <https://ridewithgps.com/help/event-participants/>

## **POST RIDE:**

**SIGN-IN.** When you finish your ride, please sign-in; this is one way we try to keep track of who is still out on course.

**GET SOCIAL.** Please post your thoughts, photos, videos, etc. about the event on Facebook, Twitter & Instagram.

To Stay Up to Date about the Tour de Pines, please follow us on our website and Social Media:

[www.tourdepinesnj.org](http://www.tourdepinesnj.org)

[www.facebook.com/tourdepinesnj](https://www.facebook.com/tourdepinesnj)

To Stay up to Date with the Pinelands Preservation Alliance, please follow them on their website and Social Media:

[www.pinelandsalliance.org](http://www.pinelandsalliance.org)

[www.facebook.com/pinelands](https://www.facebook.com/pinelands)

[www.twitter.com/PinesAlliance](https://www.twitter.com/PinesAlliance)

[www.instagram.com/pinelandsalliance](https://www.instagram.com/pinelandsalliance)

To Stay up to Date with Kermesse Sport's events, please follow them on Social Media and Sign up for their newsletter:

<http://www.kermessesport.com/newsletter/>

<https://www.facebook.com/KermesseSportEvents/>

<https://www.instagram.com/kermessesport/>

**THE BOTTOM LINE.** Be Safe & Have Fun. This is what this event is all about.

We appreciate your participation in the Tour de Pines; we hope you have a great ride!

- Kermesse Sport & the Pinelands Preservation Alliance