

2022 Pinelands Meet the Bay Medium (final)

| Num | Dist | Type | Note |
|-----|------|------|---|
| 1. | 0.0 | 📍 | Start of route |
| 2. | 0.0 | i | START: Beach Pavillion at Lake Absegami |
| 3. | 0.4 | ← | L onto Stage Road/CR655 @T No Street Sign |
| 4. | 1.0 | ↑ | Cross Over Garden State Parkway |
| 5. | 1.3 | ← | L on Poor Mans Parkway Ride Single File No Street Sign |
| 6. | 5.6 | ← | L on CR-539 and continue Straight over the Garden State Parkway CAUTION: BUSY INTERSECTION! @SS |

5.6 miles. +117/-83 feet

| Num | Dist | Type | Note |
|-----|------|------|---|
| 7. | 6.2 | → | R on Forge Road @Airport Sign No Street Sign |
| 8. | 8.8 | ← | L on Cox Avenue |
| 9. | 9.6 | → | R on US9 CAUTION: BUSY ROAD! @T No Street Sign |
| 10. | 9.6 | i | Landmark: Chair on Roof, Green House on R, Look Up! |
| 11. | 9.7 | → | R on Sprague Avenue |
| 12. | 9.8 | ← | L on Railroad Avenue @SS |
| 13. | 10.2 | ← | L onto Stafford Forge Rd @SS No Street Sign |
| 14. | 10.4 | → | R onto US9 @SS No Street Sign |
| 15. | 10.7 | → | R onto Mill St |
| 16. | 11.0 | ← | L onto Railroad Ave |

5.4 miles. +53/-114 feet

| Num | Dist | Type | Note |
|-----|------|------|--|
| 17. | 11.9 | → | R onto Parkertown Dr |
| 18. | 12.0 | ← | Slight L onto Frog Pond Rd |
| 19. | 13.1 | ⚡ | WAWA on R Ahead Food, Restrooms |
| 20. | 13.2 | ← | L on CR539/North Green St. @TL |
| 21. | 14.3 | → | R on Nugentown Road @TL |
| 22. | 14.9 | i | Course Split Ahead: Short course goes straight |
| 23. | 15.1 | ← | L on Giffordtown Lane |
| 24. | 15.6 | ⚡ | Shopping Center Ahead on L (after Stage Rd) |
| 25. | 15.6 | ↑ | Cross Stage Rd @SS/Blinking Light |

4.6 miles. +88/-89 feet

| Num | Dist | Type | Note |
|-----|------|------|--|
| 26. | 15.8 | ↑ | Cross US9 onto Oak Ln Caution Busy Intersection Rough Road Ahead @TL |
| 27. | 16.8 | → | R on Great Bay Boulevard Caution Metal Grate in Turn @SS |
| 28. | 18.6 | ↑ | Cross 1st Bridge: Wills Creek |
| 29. | 19.4 | ↑ | Cross 2nd Bridge: Little Thorofare Great Bay Wildlife Management Area |
| 30. | 19.9 | ↑ | Cross 3rd Bridge: Jimmies Creek |
| 31. | 21.1 | ↑ | Cross 4th Bridge: Obey Traffic Light Alternating Traffic over Sheepshead Creek |

5.5 miles. +34/-51 feet

| Num | Dist | Type | Note |
|-----|------|----------|---|
| 32. | 22.1 | ↑ | Cross 5th Bridge: Obey Traffic Light Caution Wood Surface |
| 33. | 22.7 | ↶ | Make a U-Turn Road ends - return by same route on Great Bay Blvd. Rutgers University Marine Field Station on right |
| 34. | 28.7 | ← | L on Oak Lane @Tuckerton Dental & US Flag |
| 35. | 29.0 | ← | L on Radio Road/CR601 @TL |
| 36. | 30.3 | ψ† | Several Food options ahead |
| 37. | 30.4 | → | R on Mathistown Road @TL |
| 38. | 30.9 | ψ† | Wawa on L |
| 39. | 32.0 | <i>i</i> | Merge with Short Course Ahead |

10.9 miles. +188/-118 feet

| Num | Dist | Type | Note |
|-----|------|----------|---|
| 40. | 32.2 | ← | L on US9 CAUTION: BUSY ROAD! @T |
| 41. | 33.4 | → | R on Munion Field Road |
| 42. | 34.8 | ← | L on Stage Road @SS No Street Sign |
| 43. | 35.6 | ↑ | Pass Poor Mans Parkway and Cross Over the Garden State Parkway |
| 44. | 36.1 | <i>i</i> | Course Split Ahead: Long Course goes straight. Short and Medium Courses end at Bass River State Forest |
| 45. | 36.4 | → | R into Bass River State Forest |
| 46. | 36.9 | 📍 | End of route |

4.9 miles. +44/-75 feet